DR. ALICE FARRELL, DIRECTOR SOCIAL JUSTICE AND HOLISTIC CARE

Social Gospel in **Contemporary Times** – The Realities & Aspects of Occupying until Jesus Christ **Returns!** 

## Marching Orders/Foundational Scriptures cont.

Mathew 25 vs. 24-40

<sup>34</sup> Then shall the King say unto them on his right hand, Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world:

<sup>35</sup> For I was an hungry and ye gave me meat: I was thirsty, and ye gave me drink: I was a stranger, and ye took me in:

<sup>36</sup> Naked, and ye clothed me: I was sick, and ye visited me: I was in prison, and ye came unto me.

<sup>37</sup> Then shall the righteous answer him, saying, Lord, when saw we thee an hungred, and fed thee? or thirsty, and gave thee drink?

<sup>38</sup> When saw we thee a stranger, and took thee in? or naked, and clothed thee?

<sup>39</sup> Or when saw we thee sick, or in prison, and came unto thee?

<sup>40</sup> And the King shall answer and say unto them, Verily I say unto you, Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me.

### Marching Orders/Foundational Scriptures Conti.

#### **29** Bible Verses about Caring For Widows And Orphans

James 1:27 "Pure religion and undefiled before God and the Father is this, To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world." King James Version (KJV)

**Proverbs 31 vs. 8-9** Speak up for those who cannot speak for themselves, for the rights of all who are destitute. **9** Speak up and judge fairly; defend the rights of the poor and needy.

**Micah 6:8** <sup>8</sup>He hath shewed thee, O man, what is good; and what doth the LORD require of thee, but to do justly, and to love mercy, and to walk humbly with thy God?

Mathew 25 in Contemporary Times – What Are We Really Asked To Do? Let Us -the Church - Go on a Journey This Morning! Gospel Meets 2021 Community/Society – Social Gospel Hour

## **Eight Dimensions of Wellness**

**Emotional**—Coping effectively with life and creating satisfying relationships

**Environmental**—Good health by occupying pleasant, stimulating environments that support well-being

**Financial**—Satisfaction with current and future financial situations

Intellectual—Recognizing creative abilities and finding ways to expand knowledge and skills

**Occupational**—Personal satisfaction and enrichment from one's work

**Physical**—Recognizing the need for physical activity, healthy foods, and sleep

**Social**—Developing a sense of connection, belonging, and a well-developed support system

**Spiritual**—Expanding a sense of purpose and meaning in life - The Church Focus ----How does the other areas fit into our Christian walk? What about these other areas? - 2 Safety Nets – Provider Safety Net and Faith Communities' Safety Net---

Unmasking – Congregants are Members of the Communities – Let's take a look through social justice and Trauma informed lens. Removing the Insulation Bubbles!

**Declaration of Independence:..** We Hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of happiness – United States - A Reality for some but not for all---Civil Unrest in the Nation/Jan. 6 2021

## **Definition of Trauma**

Trauma results from an event, series of events,	or set of circumstances that is experienced	by an individual as physically and emotionally
harmful or threatening and that has lasting	adverse effects on the individual's physical,	<ul> <li>social, emotional, or spiritual well-being.</li> <li>Source: Substance Abuse and Mental Health Services Administration (SAMHSA)</li> </ul>

## Substance Abuse Mental Health Services Agency (SAMHSA)

Event Trauma event – Direct and exposure/witness Experience Unique to Individual, Family, Community,

Chronological/Developmental age etc.

Effect - Individual, Family and Community

(Immediate, long term effect)

## **Trauma-Informed Approach Concept**

## A program, organization, or system that is trauma-informed:

- *Realizes* the widespread impact of trauma and understands potential paths for recovery;
- Recognizes the signs and symptoms of trauma in clients, families, staff, and others involved with the system;
- Responds by fully integrating knowledge about trauma into policies, procedures, and practices; and
- Seeks to actively resist *re-traumatization*." SAMHSA

### Six Key Principles of Trauma-Informed Approach

- 1. Safety (Staff, Tenants, Vendors etc.)
- 2. Trustworthiness and Transparency
- 3. Peer support
- 4. Collaboration and mutuality (Between Stakeholders)
- 5. Empowerment, voice and choice (Critical) (Genuine, Authentic Relationship)
- 6. Cultural, Historical, and Gender Issues

## Community/Society SnapShot

OBCCS Multi-Dimensional - Multi-System – Multi-Level -Ecological-System – Micro-Mezzo & Macro Framework

### COVID 19CIVIL UNRESTSHADOW PANDEMICOPIOID EPIDEMICSOCIAL DETERMINANTS OF HEALTHRACIAL INEQUITIES

Family Laws	illion Word Gap Slavery Segregation	Discriminati Micro-Aggression	on Policies & Practices
Suruciares &	al Oppression Gentrification White Supr		Varied Social Economic Status
Institutional & Systemi	ic Racism Health Issues External (	Oppression Family of Ori	gin Experiences Stereotype
	Biases Racial/Ethnic Disparities	Implicit Bias Health Dis	parities Opportunity Gap
GRIT Artistic Res Hopeful Bour Reactive	ndariesGoal Oriented Interna Domestic		nrivers Diversity Toxic Stress Physical, Foster home
Chuomatha HTU		nal Disregulation Loving	Medical, Parental
Gentle Estranged	Rejection confident	AITH Lies Family	ducational & Addiction
Talents Breke	Desident Desident	ffective Support Services	Emotional & Trauma Abuse Dreams MHD
Boundaries	der: Family Food	Relationships	Community Caring
Smarts &	Friends Kind Insecurity		violence Sexual
Creative		ntelligent Teachers	abuse
Before & Afte School Program	er Suicide Ri	ESILIENT Gifte	d instability abuse ceration Aspirations
School Program	Emotiona	Dysregulation	



Agitate, Yelling Apathy Antagonize **Black Mail** Blaming, Belittle **Being Condescending** Calling out students **Being Closed Minded** Discouraging Discriminating Disrespectful Dismissive Degrading, Being Fake One way communication "Reprimanding" students in the presence of other students/embarrassing students

#### Humiliate

Low expectation Nonchalant, Opinionated **Being Petty** Comments and interactions – With students and Parents communication

Retaliates Use of Sarcasm & Making Mean Spirited comments Shaming **Over Sharing Redirecting-**Aggressively Stereotyping **Being Unreliable** Unpredictable Use of Threats Silent Treatment Withholding affection Being a Hypocrite Engaging in Power & **Control Struggles with** students

**Effectively Engage Students & Parents** Use Affirmations Acknowledgment Believe in students' capacity to learn Compassionate Celebrate efforts/ successes Be Devoted. **Develop Cultural** Sensitivity, Story Telling, Encouraging Empathetic **Use Bi-Directional** Communication **Give Reminders** Promote curiosity & Use of EBP - Flip Classroom, Peer to Peer, Prompt

Promote Innovation & Creativity Use Story Telling Give students' Options Effective & Engaging Instructional/Delivery Practices, and Content Be VERY comfortable w/ curriculum content Be Forgiving ,Gratitude Graphic organizers, Kind Being Hopeful & Helpful-Good Jokes, Loving Use Praise, Music, Optimism **Engage Parents**, Encouraging **Use Proximity** Effective use -Exit Tickets Show interest in and Teach the whole child

Post Brian Science related diagrams Be energetic Use Physical activity Be Reliable, Respectful Show Interest **Integrate S.E.L** through out academic and non-academic schedule Smile, Symbols Extracurricular Scaffolding Thoughtful Use of Technology Being a Coach, Facilitator of Learning

# Adverse Childhood Experiences

### Adverse Childhood Experiences

#### **CDC-Kaiser Permanente ACE Study, 1998**

The original ACE Study was conducted at Kaiser Permanente from 1995 to 1997 with two waves of data collection.

One of the largest investigations of childhood abuse and neglect and later-life health and wellbeing.

Over 17,000 Health Maintenance Organization members from Southern California receiving physical exams completed confidential surveys regarding their childhood experiences and current health status and behaviors. <u>ACES Connection</u>

The ACEs study documented that adverse childhood experiences (ACEs) can contribute significantly to negative Adult physical and Mental Health Outcomes

Ongoing surveillance of ACEs

- CDC assesses the medical status of the individuals who participated in the study
- Via periodic updates of morbidity and mortality data.

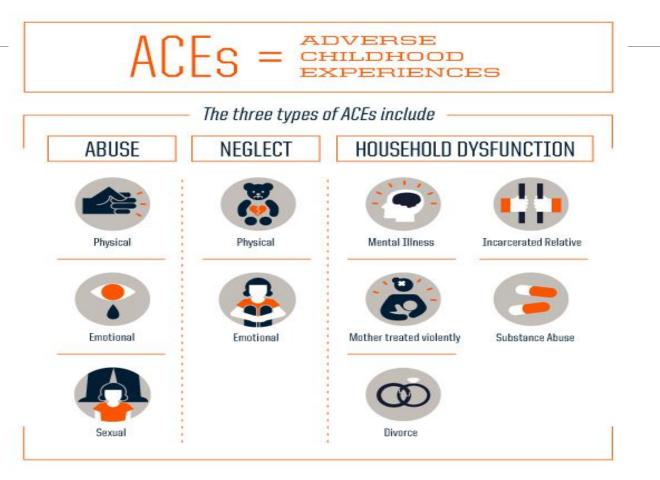
\*https://www.aap.org/en-us/Documents/ttb\_aces\_consequences.pdf

### **ACEs Categories**

Physical abuse Emotional Sexual abuse

Physical neglect Emotional neglect

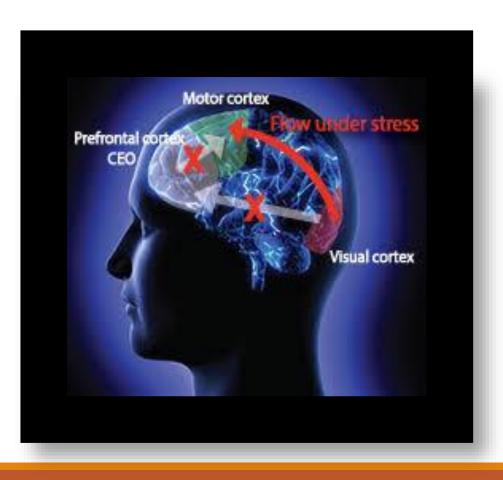
Household mental illness Mother treated violently Divorce Incarcerated Relatives Household substance abuse



### **Adverse Childhood Experiences Study**



### 5 Trauma Responses - Physiological Reactions: The 5 F's



#### AUTONOMIC NERVOUS SYSTEM

Hyperarousal, alarmed / startled.

Increases heart rate, blood pressure, breathing.

#### FIGHT

Physical aggression: attacker may be smaller / weaker.

Verbal aggression, e.g., saying "no". traumadissociation.com

#### FLIGHT

Running, bavking away or hiding.

If there is somwhere to escape to or hide.

traumadissociation.com source: Schore, 2009; Lodrick 2007

#### PARASYMPATHETIC NERVOUS SYSTEM

Hypoarousal, dissociation.

Metabolic shutdown, numbing. Hiding behaviors.

#### FREEZE

Tonic immobility. Involuntary response.

Less chance of injury.

#### FLOP / FAWN

Collapse and play dead.

After freeze fails, conserves energy, wounds heal.

#### FRIEND

Trauma bonding (attach) / Stockholm Syndrome

Social engagement. Prolonged or infant trauma.

### Increase in the Number of ACEs Increases Risk

Alcoholism and alcohol Ischemic heart disease abuse Liver disease Chronic obstructive Poor work performance pulmonary disease **Financial stress** Depression Risk for intimate partner Fetal death violence Health-related quality of life Multiple sexual partners Illicit drug use

### Increase in the Number of ACEs Increases Risk

Sexually transmitted diseases

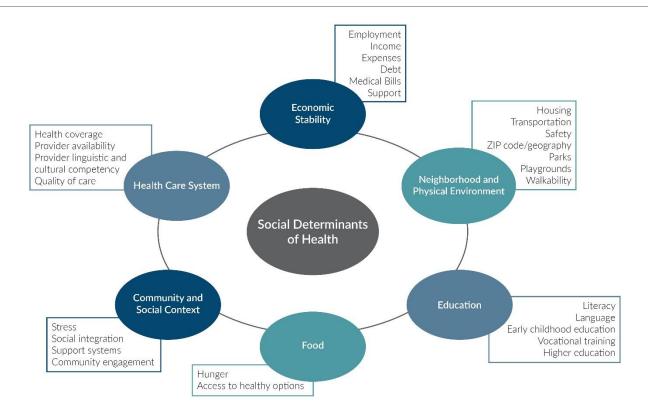
Smoking

Suicide attempts

Unintended pregnancies Early initiation of smoking

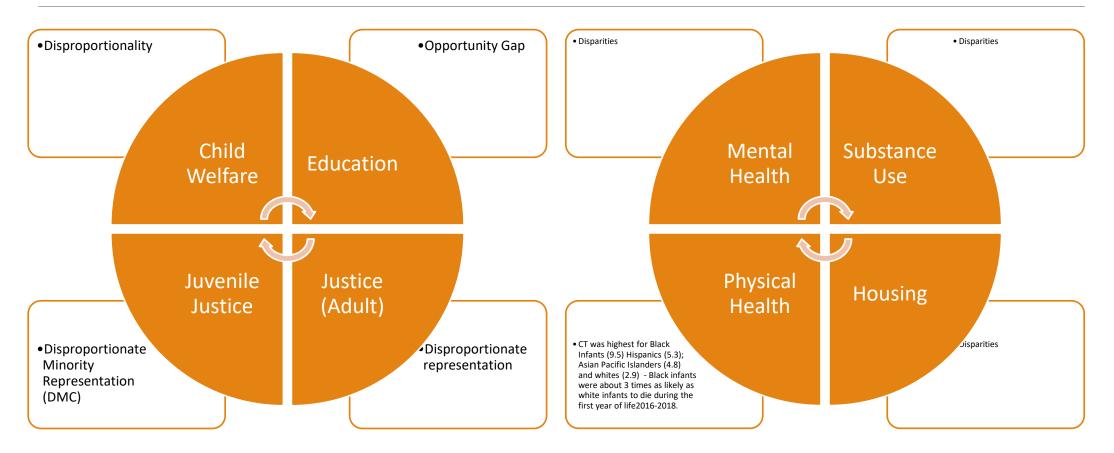
Early initiation of sexual activity Adolescent pregnancy **Risk for sexual violence** Poor academic achievement \*This list is not exhaustive. For more outcomes see selected journal publications.

### Social Determinants of Health



Health Outcomes Mortality, Morbidity, Life expectancy, Health care expenditures, Health status, Functional limitations

### **Disparities Across Systems**



### The Wave is Here/Coming/Crashing at the Church Doors Present and Post Covid Realities – Across the Nation

¼ Girls/Women, ¼ Boys

Increased Loneliness

Increased Community Violence - Homicide case – Psychologist inquiry – Collaborative Effort

Increased Suicidal Ideations and Plans – Rise in Suicide for Black Boys

Increased Mental Health Issues/Disorders and Engagement in Risky Behaviors

Increased Substance Use/Disorder and Opioid Addiction -

Increased in Education Opportunity Gap

Increased Poverty – Unemployment, underemployment, forced vacation/furloughs – Increased Child welfare Referrals

Housing instability – Couch Surfing, Transient – Homelessness

Increased agitation due to realities of disparities and inequities – civil rights violations

Children Orphanage – Fatherless and Motherless - Reduction in support system ---Increased in widowhood

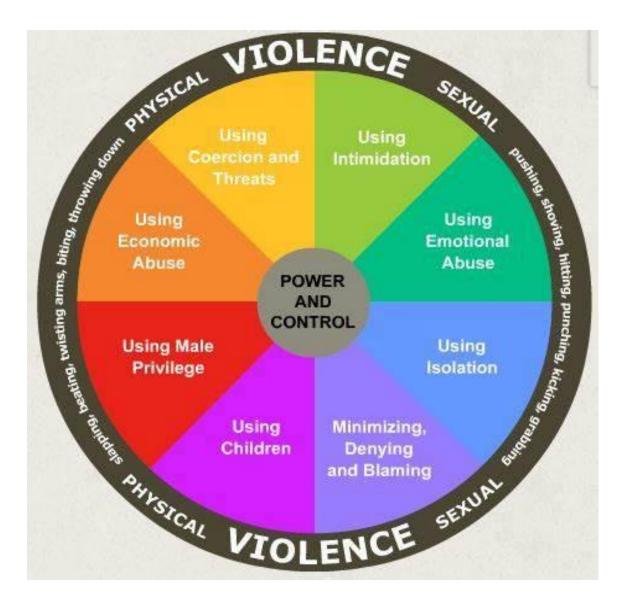
Shadow Pandemic – Increased Intimate Partner Violence – Within Global Pandemic --1/4 (Congregation)

### Children Orphanage & Child Welfare Involvement

#### Separation, Loss and Grief -

**Children Orphanage** - More than 120,000 children in the United States lost a primary caregiver - a parent or grandparent responsible for providing housing, basic needs and care - due to COVID-19-associated death, showed a study published in the medical journal Pediatrics, Trend reports citing Xinhua.

In addition to the 120,630 children who were estimated to have lost a primary caregiver, 22,007 lost a secondary caregiver, or a grandparent providing housing but not most basic needs between April 1, 2020, and June 30, 2021, according to the study. <u>Over 120,000 U.S. children lose a parent or caregiver amid C...</u> <u>MENAFN.COM</u>



Power and Control – Increase in Intimate Partner Violence –

other – Immigration related power and control manifestations

### **Case Scenarios**

- 1. Homicide/Double Homicide/Suicide/CCSD
- 2. Human Sex Trafficking and Sexual Abuse Mandated Reporting Status Virtual Training
- 3. Child Slavery/Sex Trafficking Black and Brown youth missing WA and around the nation EH Detective sharing; Black and Brown youth in trafficking return to school (principal and youth account) Manch. TedTalk Signs
- 4. CT Coalition Against Domestic Violence & Sexual Assault Reporting



## Equity Intersects with Empathy

Engagement Connection Relationship Authenticity Partnership Quality Life Human Agents – Empathy

**Systems Committed to the Promotion of Equity and Elimination of Disparities** 

**Equity Foundational:** 

- Laws
- Policies
- Programs
- Practices
- **Priority Selections**
- Partnerships
- **Resource Allocation**

## **Disparities Intersects with Apathy**

Disconnect Disengagement Despair Depression Poor Quality of Life Death - Early Human Agents – Apathy &

Systemic Institutional and Structural Racism

**Oppression** 

**Inequities Built into/Foundation:** 

- Laws
- Policies
- Programs
- Practices
- **Priority Selections**
- Partnerships (Lack Authenticity)
- Resource Allocation

### SAFETY NETS MEETING HUMANITY – "Other" NEEDS

### HOLISTIC CARE – WHERE IS THE CHURCH?

### Faith Institutions Involvement –



Historical, Current and Future

### Faith Institutions Involvement –



Historical, Current and Future

### Faith Institutions' Involvement –

Policy Decision Making

Social Justice Arm<br/>bested in System<br/>Change and<br/>Community Health<br/>DVOCACYMACRO-Mental<br/>Belith De-<br/>stigmatization<br/>CompaignsCivic Engagement -<br/>Coordinating<br/>Belizing<br/>EcouringMacro-Mental<br/>Belith De-<br/>stigmatization<br/>CompaignsOpinizing<br/>Belizing<br/>Belizing<br/>Belizing

Historical, Current and Future

### Faith Institutions Involvement Cont. – Historical & Current





# SAFETY NETS MEETING HUMANITY – "Other" NEEDS

## HOLISTIC CARE – PROVIDER SAFETY NET

# OBCCS MODEL OF CARE



L.E.G.S. must be embraced by those who hope to **successfully partner** with youth, individuals, parents, families and communities

L.E.G.S. is essential to **effectively** support families as they move through & about on the parent engagement/involvement continuum

L.E.G.S. must be a constant variable for an individual to be a **powerful and creative engager** of family members and communities

L.E.G.S. is necessary for individuals to **CONSISTENTLY** demonstrate genuine and empowering engagement practices

It is Transformation Time - Taking steps to Move from Talking to Walking

L.E.G.S.' Code of Operation - Activated for Action

**OBCCS Holistic** Care Framework

ACEs, Trauma **Resilience - History** Dem,/Geography/ Family of Origin **Physical & Behavioral** Health & Wellness

Culture, Values, **Traditions & Beliefs** (Religion/Spirituality) Vulnerability, Cultural Curiosity Humility, Sensitivity, **Responsiveness Inclusion** 

LENS Social Determinants -Advancing Equity & Addressing/ Eliminating Disparities

**Engagement & Empowerment** Phases -**Empathy**, **Equity, Education** 

Social Emotional Development/ **Emotional Intelligence &** Perspective Lens– Families & Workforce - Parallel Processes -Self Care Practices

Macro Systems-Promoting Integration & Program -**Community Capacity Building Infrastructure** Support Equitable Laws

**AUTHENTIC RELATIONSHIPS** & PARTNERSHIPS Across the Board Responsibility Quality of Educuation & Services-Youth & Family **Outcomes & Satisfaction** Workforce Preparedness - Enhancement &

Mezzo Organization /School Culture, Structure--Infrastructure – Policies, Practices & Supervision and Support S.O.S.

**Agency Financial Solvency** Accountability

Equity Meets Disparities thru Human Agents and Personal Agency

Approach-Strength /Assets, Evidence & **Recovery Based**-Systems- Ecological Catalysis for Action & Change

Micro

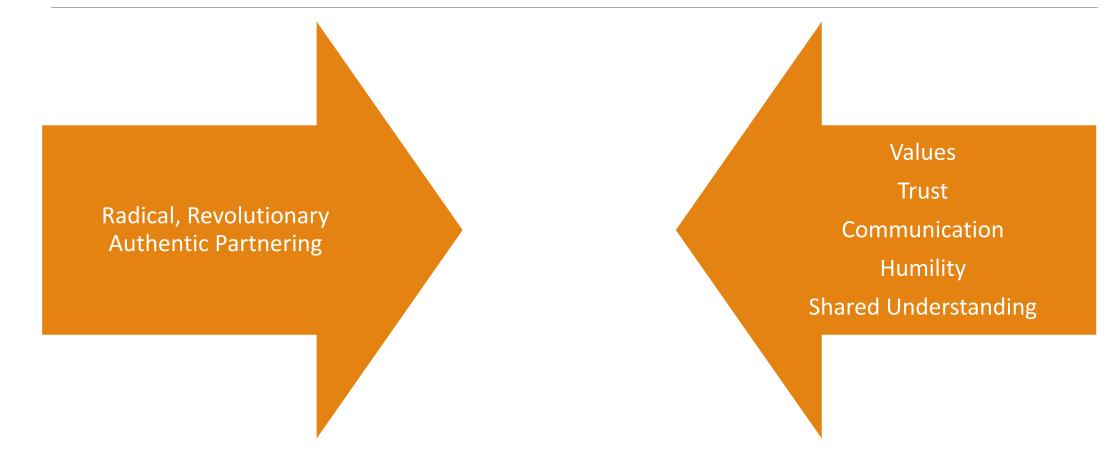
**Foster Interdisciplinary** /Agency/Departments Cross Sector & Community Collaborations – Silos Intellectual humility Systems' Integration – Impact of Fragmentation and System Tension/Chaos

> Youth & Family Engagement Intersection with Maslow Needs Hierarchy --

The Intersection Point – Spiritual Community Broker – Triaging Processes Discussion Faith and Community Safety Nets Working Together Enlisting Use of Clinical Professionals

Congregation and Community Asset Mapping Resources, Structure, Triaging and Referral Systems, Trauma Informed Practices

#### Faith and Community Safety Nets Working Together Enlisting Use of Clinical Professionals Cont.



Mentimeter

-

## Black Churches and other Faith Institutions - Radical Authentic Partnership-Enlist Use of Clinical Professionals

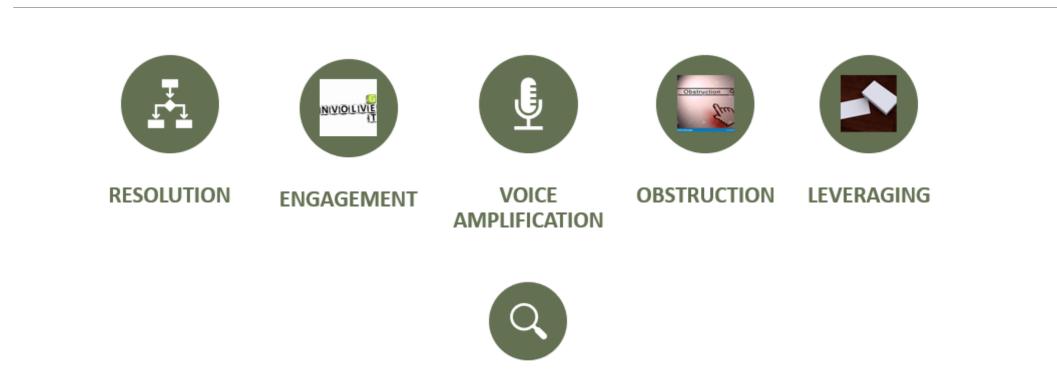


Faith and Provider Community

# The Wave is Here -Expect it to Intensify-

Call to Action – Social Justice and Holistic Care - Radical and Revolutionary Paradigm Shift - Long Lasting – Generational Legacy

R.E.V.O.L.T

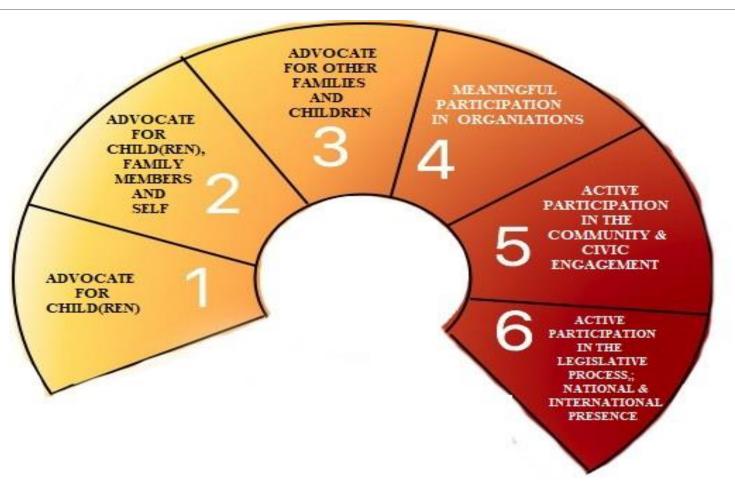


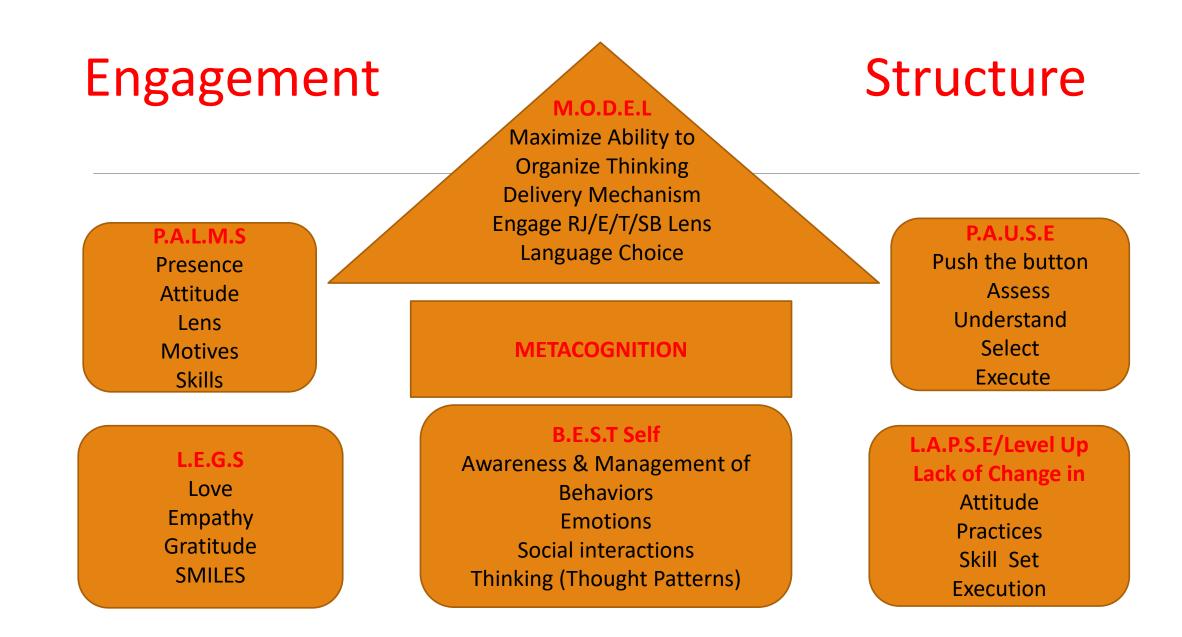
TRANSPARENCY

Cross- Departmental/Auxiliary Involvement Social Gospel -Contemporary Times Trauma Sensitive, Informed, and Responsive

R.E.V.O.L.T	R.A.V.E	C.O.M.E
Resolution	Recognize	Coordinate
Engagement	Affirm	Organize
Voice Amplification	Value	Mobilize
Obstruction	Empower	Execute
Leveraging and		
Transparency,		

#### MEANINGFUL FAMILY ENGAGEMET CONTINUUM (OBCCS) EMPOWERMENT FOCUS





Church Leaders Must Radically Prepare for and Address Vicarious/Secondary Traumatization Compassion Fatigue Burn Out

## Resources

#### Matthew 25 KJV - Then shall the kingdom of heaven be - Bible Gateway

JAMES 1:27 KJV "Pure religion and undefiled before God and the Father is this, To visit the fatherless and widows in..." (kingjamesbibleonline.org)

<u>Proverbs 31 - NIV Bible - The sayings of King Lemuel—an inspired utterance...</u> (biblestudytools.com)

Micah 6:8 KJV - He hath shewed thee, O man, what is - Bible Gateway

https://www.samhsa.gov/nctic/trauma-interventions

https://acestoohigh.com/

Dr. Nadine Burke TED Talk on ACEs <u>https://www.bing.com/videos/search?q=nadine+burke+youtube+video&view=detail&mid=8EEB</u> <u>605155EB93EE993A8EEB605155EB93EE993A&FORM=VIRE</u>

https://casel.org/