

# Covid-19 in 2021.

The virus, the myths, the evidence, and the vaccine

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# Background

- Respiratory viral infection (part of -the SARs family-1965)
- Strain described as Covid-19 was first recognized in 2019
- Linked to China and then to Europe





# Pandemic

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### Covid-19 then and now

Alpha strain (2019)

#### **Mutations (now)**

- fever cough x 4 day
- prodromal phase
- ✤ Loss of smell
- ✤ D&V
- ✤ Gradual to acute illness

(CDC. 2020)

- ✤ Acute infection
- Younger population
- ✤ Increased risk for intensive

#### Pregnant women

125,000 confirmed cases in pregnant women 22,000 hospitalized 161 deaths 22 deaths alone in august < 1/3 pregnant women are fully vaccinated Pregnancy is also considered underlying health condition Risk of Preterm birth /stillbirth/admission of neonate to ICU





### The different strains of Covid-19

- Virus mutates to survive in geographical locations
- Alpha (B.1.1.7) England
- Beta (B.1.351) South Africa
- Gamma (P.1) Brazil
- Mu (B.1.621) Columbia
- R1 Japan
- Delta India



(National Institutes of Health | Coronavirus, n.d.)



**Delta:** (dominant strain in the US currently)

First identified in India in 2021

- Acute resp illness
- Rapid decline
- Younger population





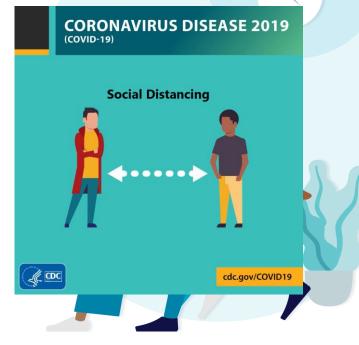
## **Mechanical Barriers and Sanitizing**

#### Masks



#### Handwashing





### How Do We Manage Covid-19 Infection

- Vaccines/Mechanical barriers
- Vaccine types: types (in US)
- Studied as safe in the general population.
  FDA approval(pregnant/lactating/adolescents)
- (preparedness/funding)
- Not yet approved for children under 12 yrs of age.
- Contra-indicated in cases of allergy or unusual medical issue.
- Fpizer-92%
- Modera- 94%
- J&J (Janssen) 66% 72%.
- Astra Zenika UK 74%



- Significant organ
  - damage
- Neurological (nerve involvement)
- · Cardiac, brain, kidney



# **Vaccine Hesitancy**

- Historical health care abuses in minority populations
- Lack of adequate medical information
- Deliberate misinformation
- Exercise of personal rights
- Speed/content of vaccine
- Ignorance/non-acceptance

WHO 2021, CDC 2020



## What Can Church Leaders Do

#### **Responsible to lead:**

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- Leaders are influencers with a public platform
- Maintain trust and communication
- Avoid dispensing personal opinions
- Stay informed be educated on the evidence
- Be able to access adequate resources
- Guide congregates to help/experts.
- You can save lives. Brother's keeper
- Its ok to not know



### **Available Resources**

**WHO** - *The race for a COVID-19 vaccine, explained.* Www.who.int. https://www.who.int/news-room/feature-stories/detail/the-race-for-a-covid-19-vaccine-explained

HHS -<u>Coronavirus (COVID-19) | HHS.gov</u>

NIH- Home | NIH COVID-19 Research

IHI - COVID-19 Guidance and Resources | IHI - Institute for Healthcare Improvement

CDC - <u>https://www.cdc.gov</u>

### **Departments of Health**

NY Coronavirus Update: Sept. 23 (mytwintiers.com) Connecticut Department of Public Health https://www.gov.bm/coronavirus



Frontline workers

Essential workers

International leadership of COGOP COCOP NE region





### That's all folks....







A simple breakdown of the ingredients in the covid vaccines - covid-19, health topics. Hackensack Meridian Health. (2021, April 29). Retrieved September 29, 2021, from

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CDC. (2020, February 11). Coronavirus Disease 2019 (COVID-19). Centers for Disease Control and Prevention; CDC. <u>https://www.cdc.gov/coronavirus/2019-</u> ncov/vaccines/different-vaccines/how-they-work.html

World Health Organization. (2021, January 12). The race for a COVID-19 vaccine, explained. Www.who.int. <u>https://www.who.int/news-room/feature-</u> <u>stories/detail/the-race-for-a-covid-19-vaccine-explained</u>